

Apolipoprotein E Inhibits the Depolymerization of β 2-Microglobulin-Related Amyloid Fibrils at a Neutral pH[†]

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ABSTRACT: β 2-Microglobulin-related (A β 2M) amyloidosis is a common and serious complication in patients on long-term hemodialysis, and β 2-microglobulin (β 2-m) is a major structural component of A β 2M amyloid fibrils. Fluorescence spectroscopic analysis with thioflavin T and electron microscopic study revealed that A β 2M amyloid fibrils readily depolymerize into monomeric β 2-m at a neutral to basic pH. Circular dichroism analysis revealed that soon after the initiation of the depolymerization reaction at pH 7.5, the characteristic spectrum of β 2-m in A β 2M amyloid fibrils changes to resemble that of monomeric β 2-m at pH 7.5. Apolipoprotein E (apoE), a representative amyloid-associated protein, formed a stable complex with A β 2M amyloid fibrils and inhibited the depolymerization of A β 2M amyloid fibrils dose-dependently in a range of 0–10 μ M. These results showed that apoE could enhance the deposition of amyloid fibrils in vivo, possibly by binding directly to the surface of the fibrils and stabilizing the conformation of β 2-m in the fibrils.

β 2-Microglobulin-related (A β 2M)¹ amyloidosis is a common and serious complication in patients on long-term hemodialysis (1). Carpal tunnel syndrome and destructive arthropathy associated with cystic bone lesions are the major clinical manifestations of A β 2M amyloidosis (2, 3). Several biochemical and cell biological studies have revealed that intact β 2-microglobulin (β 2-m) (M_r = 11 731) is a major structural component of amyloid fibrils deposited in the synovia of the carpal tunnel (4–7). The mechanism of the deposition of these A β 2M amyloid fibrils is still unknown. Although the retention of β 2-m in the plasma appears to be prerequisite, other factors, such as the age of the patient, the duration of dialysis, and the type of dialysis membrane used, may also be involved (8–10).

To understand the pathogenesis of A β 2M amyloidosis, it is essential to study not only the mechanism of the formation of A β 2M amyloid fibrils from β 2-m in vitro but also the mechanism of the depolymerization of A β 2M amyloid fibrils in vitro. We and other groups have proposed that a nucleation-dependent polymerization model could explain the

general mechanisms of amyloid fibril formation in vitro, in various types of human as well as murine amyloidosis (11–15). This model consists of two phases, i.e., a nucleation phase and an extension phase. Nucleus formation requires a series of association steps of monomers, which are thermodynamically unfavorable, representing the rate-limiting step in amyloid fibril formation in vitro. Once the nucleus (n -mer) has been formed, further addition of monomers becomes thermodynamically favorable, resulting in rapid extension of amyloid fibrils in vitro. We have developed a first-order kinetic model of amyloid fibril extension in vitro, by measuring the polymerization velocity of amyloid fibrils as an indicator of the reaction, and confirmed that the extension of amyloid fibrils including A β 2M amyloid fibrils proceeds via the consecutive association of monomeric precursor proteins onto the ends of existing fibrils (11, 13, 15). The extension of A β 2M amyloid fibrils was greatly dependent on the pH of the reaction mixture, and the rate of extension was maximal around pH 2.5 (15). Recently, it was reported that the formation of A β 2M amyloid fibrils from monomeric recombinant β 2-m (r- β 2-m) is also critically dependent on the pH and ionic strength of the solution, with low pH and high ionic strength favoring fibril formation (16). The net rate of fibril extension is equal to the sum of the rates of polymerization and depolymerization (11, 13, 15). This indicates that the depolymerization of amyloid fibrils could occur under some in vitro conditions. However, as for the issue of amyloid fibril depolymerization in vitro, only a few studies have thus far been reported (17–19).

García-García et al. (20) reported that β 2-m in mono- and dimeric forms was solubilized in vitro from prepurified A β 2M amyloid fibrils and crude amyloid deposits by the action of phosphate-buffered saline alone, with no need for proteases. These findings suggest that A β 2M amyloid fibrils

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¹ Abbreviations: AA, amyloid A protein; A β , amyloid β -peptides; A β 2M, β 2-microglobulin-related; AL, immunoglobulin light chain-related amyloid protein; apoE, apolipoprotein E; β 2-m, β 2-microglobulin; CD, circular dichroism; HSA, human serum albumin; r- β 2-m, recombinant β 2-m; SAP, serum amyloid P component; SDS-PAGE, sodium dodecyl sulfate–polyacrylamide gel electrophoresis; ThT, thioflavin T.

could depolymerize into monomeric and dimeric β 2-m at a neutral pH. However, there is disagreement about the regression of A β 2M amyloid deposits after renal transplantation (21–25). One possible explanation is that some amyloid-associated molecules may prevent the regression of A β 2M amyloid deposits in some in vivo situations.

Apolipoprotein E (apoE) is a cholesterol transport protein that serves as a ligand for low-density lipoprotein receptors (26). ApoE is colocalized to amyloid deposits in all types of systemic and localized amyloidosis thus far examined, i.e., Alzheimer's β -amyloidosis (27, 28), prion amyloid disease (27), amyloid A protein (AA) amyloidosis (28–30), immunoglobulin light chain-related (AL) amyloidosis (29), transthyretin-related amyloidosis (29), and A β 2M amyloidosis (29). Moreover, the apoE4 isoform was found to be significantly associated with late-onset Alzheimer's disease (31), AA amyloidosis associated with rheumatoid arthritis (32), and A β 2M amyloidosis (33).

Although the data described above prompted many research groups to examine the effect of apoE on amyloid fibril formation in vitro, the data are somewhat controversial. Some groups found that apoE promoted and accelerated Alzheimer's β -amyloid fibril formation from amyloid β -peptides (A β) in vitro (34–38). On the basis of these observations, apoE has been regarded as one of the "pathological molecular chaperones" which are the "promoters" of amyloid fibril formation from various precursor proteins (28, 39). In contrast, other groups reported that apoE inhibited β -amyloid fibril formation in vitro (14, 40–42). Although all of the studies described above have been focused on the interaction of apoE and A β in the process of β -amyloid fibril formation in vitro, no exact assessment of the role of apoE in the process of amyloid fibril depolymerization in vitro has thus far been available.

Recently, utilizing mice lacking the apoE gene by gene targeting, it was found that apoE is not essential for but can promote the development of AA amyloid deposition in mice (43, 44). Moreover, utilizing a transgenic mouse model of Alzheimer's disease, expressing mouse, human, or no apoE, Paul's group demonstrated that apoE has a critical and isoform-specific (E3 < E4) role in β -amyloid deposition in the mouse brain (45, 46). They suggested that apoE plays at least two critical and possibly distinct roles to facilitate A β deposition: (1) apoE promotes the deposition of A β and its conversion to a fibrillar form, and (2) apoE impedes the clearance of A β in brain tissue, thus promoting deposition of A β and eventually fibrillogenesis. However, the observations could also be interpreted from the standpoint of the interaction of apoE and amyloid fibrils in the process of amyloid fibril depolymerization.

In this study, we characterized the depolymerization of A β 2M amyloid fibrils in vitro and the role of apoE in the process of amyloid fibril depolymerization in vitro. The role of apoE and other amyloid-associated molecules in the development of amyloidosis is discussed.

EXPERIMENTAL PROCEDURES

β 2-m and Other Proteins. Human r- β 2-m was purchased from Oriental Yeast (Tokyo, Japan). Purified human serum apoE and recombinant apoE2, -E3, and -E4 were obtained from Chemicon International Inc. (Temecula, CA), and

human serum albumin (HSA) was from Sigma (St. Louis, MO). r- β 2-m (lot 45304605) was dialyzed against Milli Q water, lyophilized, then dissolved in a 50 mM NaCl solution, and centrifuged at 18500g for 20 min. The supernatant contained 300–450 μ M r- β 2-m and was stored at -80°C . Human apoE (lots 62596069 and 19020250) and recombinant human apoE2 (lot 19050455), apoE3 (lot 19060321), and apoE4 (lot 19060320) were dissolved in 6 M urea, dialyzed against 10 mM phosphate (pH 7.5) and 140 mM NaCl for 3 h in a cold room set at 4°C , and stocked at 4°C . HSA (lot 78H7603) was dissolved at a concentration of 200 mg/mL in a 100 mM NaCl solution and stocked at -80°C .

Preparation of A β 2M Amyloid Fibrils. The original A β 2M amyloid fibrils were purified from pooled synovial tissues, excised surgically from three patients suffering from A β 2M amyloidosis, essentially as described elsewhere (15). The crude A β 2M amyloid fibrils were isolated as a water suspension from the tissues described above, according to the method of Pras et al. (47). The suspension of A β 2M amyloid fibrils was ultracentrifuged at $10^5 \times g$ for 100 min at 4°C . Pellets resuspended in Milli Q water were applied on a discontinuous sucrose density gradient (from 50 to 60%) and then ultracentrifuged at $10^5 \times g$ for 18 h at 16°C . Pellets were collected and dialyzed against 0.05% NaN₃ at 4°C . These aggregates were mildly homogenized using a Teflon homogenizer and stocked at 4°C . The purified A β 2M amyloid fibrils were designated F0 fibrils. One milliliter of F0 suspension in an Eppendorf tube was sonicated on ice with intermittent pulses (0.6 s pulse, 0.4 s interval, output level of 2) for 3 min by an ultrasonic disruptor (UD-201, Tomy, Tokyo, Japan) equipped with a microtip (TP-030, Tomy). The sonicated A β 2M amyloid fibrils were designated S0 seeds.

Unmodified A β 2M amyloid fibrils composed solely of r- β 2-m were formed by the repeated extension reaction using r- β 2-m (48). The S0 seeds were added to yield a final concentration of 10 ng/ μ L in the reaction mixture containing 25 μ M r- β 2-m, 50 mM citrate buffer (pH 2.5), and 100 mM NaCl. After a 24 h incubation at 37°C , the extended fibrils (designated F1) were collected by centrifugation at 18500g for 2 h at 4°C . The pellet was washed and resuspended in an ice-cold 0.05% NaN₃ solution and then sonicated on ice for 1 min (0.6 s pulse, 0.4 s interval, output level of 2). The sonicated F1 fibrils were designated S1 seeds. F2 fibrils were obtained by the incubation of S1 seeds and r- β 2-m. This algorithmic protocol was repeated 11 times, and the resulting F11 fibrils were finally obtained from S10 seeds. F11 fibrils were composed solely of r- β 2-m (48).

Depolymerization Assay. F0, F1, and F11 fibrils were centrifuged at 18500g for 2 h at 4°C . The pellets were washed and resuspended in 100 mM ice-cold NaCl. The reaction mixture was prepared on ice and contained 150 μ g/mL A β 2M amyloid fibrils, 50 mM buffer, and 100 mM NaCl. The buffers that were used were citrate-HCl (pH 1.0 and 1.5), citrate (pH 2.0–6.0), phosphate (pH 6.5 and 7.0), and Tris-HCl (pH 7.5–8.5). In some experiments, 0–10 μ M apoE or 10 μ M HSA was added to the reaction mixture. After being mixed by pipetting, triplicate 5 μ L aliquots were subjected to fluorescence spectroscopy and 30 μ L aliquots were put into oil-free PCR tubes (0.5 mL in size, code number 9046; Takara Shuzo Co. Ltd., Otsu, Japan). The reaction tubes were then transferred into a DNA thermal

cycler (PJ480, Perkin-Elmer Cetus, Emeryville, CA) set at 37 °C. Incubation times ranged between 2 min and 24 h (as indicated in each figure). The reaction tubes were not agitated during the reaction. From each reaction tube, 5 μ L aliquots in triplicate were subjected to fluorescence spectroscopy, and the mean of the three measurements was determined.

Fluorescence Spectroscopy. All studies were performed essentially as described elsewhere (15) on a Hitachi F-3010 fluorescence spectrophotometer. Optimum fluorescence measurements of A β 2M amyloid fibrils were obtained at the excitation and emission wavelengths of 455 and 485 nm, respectively, with the reaction mixture containing 5 μ M thioflavin T (ThT) (Wako Pure Chemical Industries, Ltd., Osaka, Japan) and 50 mM glycine-NaOH buffer (pH 8.5) (15). Fluorescence was measured immediately after the mixture was made and was averaged for the initial 5 s.

Determination of the Size of β 2-m Oligomers Depolymerized from A β 2M Amyloid Fibrils. To determine the size of the β 2-m oligomers depolymerized from A β 2M amyloid fibrils to the supernatant, we first used Ultrafree-MC centrifugal filter units (Millipore Corp., Bedford, MA). The reaction mixture contained 150 μ g/mL F11 fibrils, 100 mM NaCl, and 50 mM citrate (pH 2.5) or Tris-HCl (pH 7.5). After incubation at 37 °C for 24 h, the protein concentration and ThT fluorescence of the reaction mixture were measured. Then the reaction mixture was centrifuged at 18500g for 20 min at 4 °C. After the protein concentration of the supernatant was measured, 200 μ L of the supernatant was centrifuged with 100 000, 30 000, and 10 000 nominal molecular weight limit (NMWL) filter unit devices [Biomax-100 high-flux (UFC3BHK25), Biomax-30 high-flux (UFC3BTK25), and Biomax-10 high-flux (UFC3BGC25), respectively; Millipore] at 5000g for 20 min at 4 °C. After the centrifugation, the protein concentration of each filtrate was measured. The supernatant at pH 7.5 was next analyzed by size exclusion chromatography. A Superose 12 HR10/30 column (Amersham-Pharmacia Biotech) was attached to an Äkta Purifier HPLC system (Amersham-Pharmacia Biotech). One-hundred microliters of the supernatant was loaded on the column equilibrated with 100 mM NaCl and 50 mM Tris-HCl (pH 7.5) at 6 °C. The column was calibrated using molecular weight markers for gel filtration chromatography (Sigma).

Electron Microscopy of A β 2M Amyloid Fibrils. Reaction mixtures were spread on carbon-coated grids, negatively stained with 1% phosphotungstic acid (pH 7.0), and examined under a Hitachi H-7000 electron microscope with an acceleration voltage of 75 kV.

Circular Dichroism (CD) Spectra of r- β 2-m and F11 Fibrils. CD spectra of r- β 2-m and F11 fibrils were recorded on a Jasco 725 spectropolarimeter (Jasco) at 25 °C. The solutions contained 293 or 150 μ g/mL r- β 2-m or F11 fibrils, 100 mM NaCl, and 50 mM phosphate (pH 7.5) or acetate (pH 2.5). Five consecutive readings at a bandwidth of 1 nm, a response of 2 s, and a resolution of 0.2 nm were taken from each sample and averaged, baseline-subtracted, and noise-reduced. For measurements in the far-UV region (195–250 nm), the CD signal was recorded in a 1 mm path length quartz cell. For measurements in the near-UV region (250–350 nm), the CD signal was recorded in a 1 cm path length quartz cell. Results are expressed in terms of mean residue ellipticity (θ). For measurements of the changes of the CD spectra during the depolymerization of F11 fibrils, the CD

spectra of 150 μ g/mL F11 fibrils in 100 mM NaCl (pH 4.0–5.0) were first recorded. Then, 1 M phosphate buffer (pH 7.5) was added to the quartz cell to yield a final concentration of 50 mM, and the cell was gently shaken. The CD spectra of the solution were recorded 2 min, 30 min, 2 h, and 24 h after the addition of the phosphate buffer.

Sodium Dodecyl Sulfate–Polyacrylamide Gel Electrophoresis (SDS–PAGE) and Western Blotting. SDS–PAGE of F11 fibrils incubated with apoE was performed by the method of Schagger and Jagow with 10% acrylamide (49). F11 fibrils incubated with apoE were centrifuged at 18500g for 20 min at 4 °C, and the pellet was resuspended in 100 mM ice-cold NaCl. This suspension was then centrifuged at 18500g for 20 min at 4 °C, and the pellet was resuspended in 100 mM ice-cold NaCl and centrifuged again. The pellet was dissolved in a sample buffer containing 8 M urea, 2% SDS, 1% β -mercaptoethanol, and 25 mM Tris-HCl (pH 6.8) and boiled at 100 °C for 5 min. After being electrophoresed, gels were transferred to Immobilon membranes with a blotting buffer containing 25 mM Tris-glycine (pH 8.3) and 20% (v/v) ethanol at 10 V overnight at 4 °C, using the Trans-Blot Electrophoretic Transfer Cell (Bio-Rad Laboratories, Inc., Hercules, CA). After being blotted, membranes were washed with a washing buffer containing 0.1% Tween-20 and 20 mM Tris-HCl (pH 7.6), blocked with the buffer containing 5% skim milk and 0.1% Tween 20 at room temperature for 1 h, and stocked at –20 °C. Membranes were then incubated at room temperature for 1 h with rabbit primary antibodies, i.e., anti-human β 2-m (DAKO, Glostrup, Denmark) diluted 1:1000 or anti-human apoE (DAKO) diluted 1:300. Membranes were incubated with a horseradish peroxidase-conjugated goat anti-rabbit antibody diluted 1:2000 at room temperature for 1 h, washed with a washing buffer, and visualized with 3,3'-diaminobenzidine.

Other Analytical Procedures. Protein concentrations of r- β 2-m, A β 2M amyloid fibrils, apoE, and HSA were determined by the method of Bradford (50) with a commercial protein assay kit (model 500-0001, Bio-Rad Laboratories, Inc.). r- β 2-m in PBS (1.5 mg/mL) was used as the standard for r- β 2-m and A β 2M amyloid fibrils, while 1 mg/mL bovine serum albumin was used for HSA and apoE. The one-way analysis of variance, post-hoc test by Fischer's LSD was used for statistical analysis.

RESULTS

Depolymerization of A β 2M Amyloid Fibrils at a Neutral pH. As shown in Figure 1, the ThT fluorescence of F0, F1, and F11 fibrils incubated at pH 7.5 and 37 °C decreased immediately after the initiation of the reaction. At 24 h, the fluorescence of F0, F1, and F11 fibrils was 70, 50, and 6% of the initial fluorescence, respectively. This decrease in ThT fluorescence at a neutral pH was also observed in other buffers, i.e., 50 mM phosphate (pH 7.5), 100 mM NaCl and 10 mM HEPES (pH 7.4), and 140 mM NaCl (data not shown). As shown in Figure 2, the decrease in ThT fluorescence was greatly dependent on pH. At pH <5.0, most or all of the initial fluorescence was preserved at 24 h, while at pH >6.0, most or all of the initial fluorescence was lost. Electron microscopic study revealed that most of the F11 fibrils in the reaction mixture depolymerized at 24 h (compare panels A and B of Figure 3).

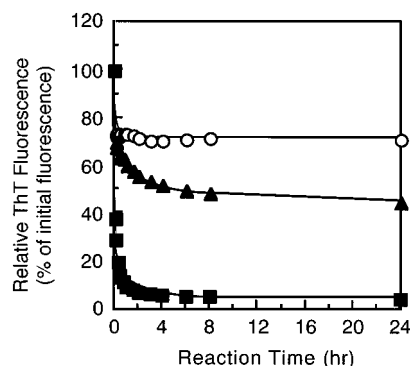


FIGURE 1: Depolymerization of A β 2M amyloid fibrils at a neutral pH. The reaction mixture contained 50 mM Tris-HCl (pH 7.5), 100 mM NaCl, and 150 μ g/mL F0 (\circ), F1 (\blacktriangle), or F11 fibrils (\blacksquare). The reaction was initiated by shifting the temperature to 37 $^{\circ}$ C, as described in Experimental Procedures. At each incubation time, the reaction mixture was analyzed by fluorescence spectroscopy as described in Experimental Procedures. Each point represents the average of three independent experiments. Error bars are not indicated for simplicity.

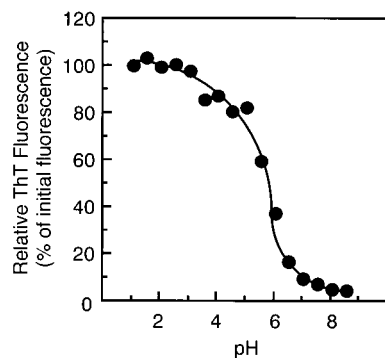


FIGURE 2: Effect of pH on the depolymerization of A β 2M amyloid fibrils. The reaction mixture containing 150 μ g/mL F11 fibrils, 100 mM NaCl, and 50 mM buffer [citrate-HCl (pH 1.0 and 1.5), citrate (pH 2.0–6.0), phosphate (pH 6.5 and 7.0), or Tris-HCl (pH 7.5–8.5)] was incubated for 24 h at 37 $^{\circ}$ C and analyzed by fluorescence spectroscopy as described in Experimental Procedures. Each point represents the average of three independent experiments. Error bars are not indicated for simplicity.

We determined the size of the β 2-m oligomers depolymerized from A β 2M amyloid fibrils to the supernatant. As shown in Figure 4A, when F11 fibrils were incubated at pH 2.5 for 24 h, most of the proteins in the reaction mixture moved to the pellet fraction after centrifugation. This indicates that most of the F11 fibrils did not depolymerize during the reaction. On the other hand, when F11 fibrils were incubated at pH 7.5 for 24 h, most of the proteins in the reaction mixture remained in the supernatant fraction after centrifugation (Figure 4B). This indicates that most of the F11 fibrils depolymerized during the reaction. After the preliminary size fractionation of the supernatant by the Ultrafree-MC centrifugal filter units, the protein concentration of the filtrates passed through 100 000 and 30 000 nominal molecular weight limit (NMWL) filter unit devices was \sim 80 and \sim 50% of that of the reaction mixture, respectively. This may indicate that most of the β 2-m oligomers depolymerized from A β 2M amyloid fibrils to the supernatant at pH 7.5 are less than 10-mer and at least half of them are monomers or dimers. It should be noted that these filtration experiments are semiquantitative and the Bradford assay used in this study may not accurately quantify

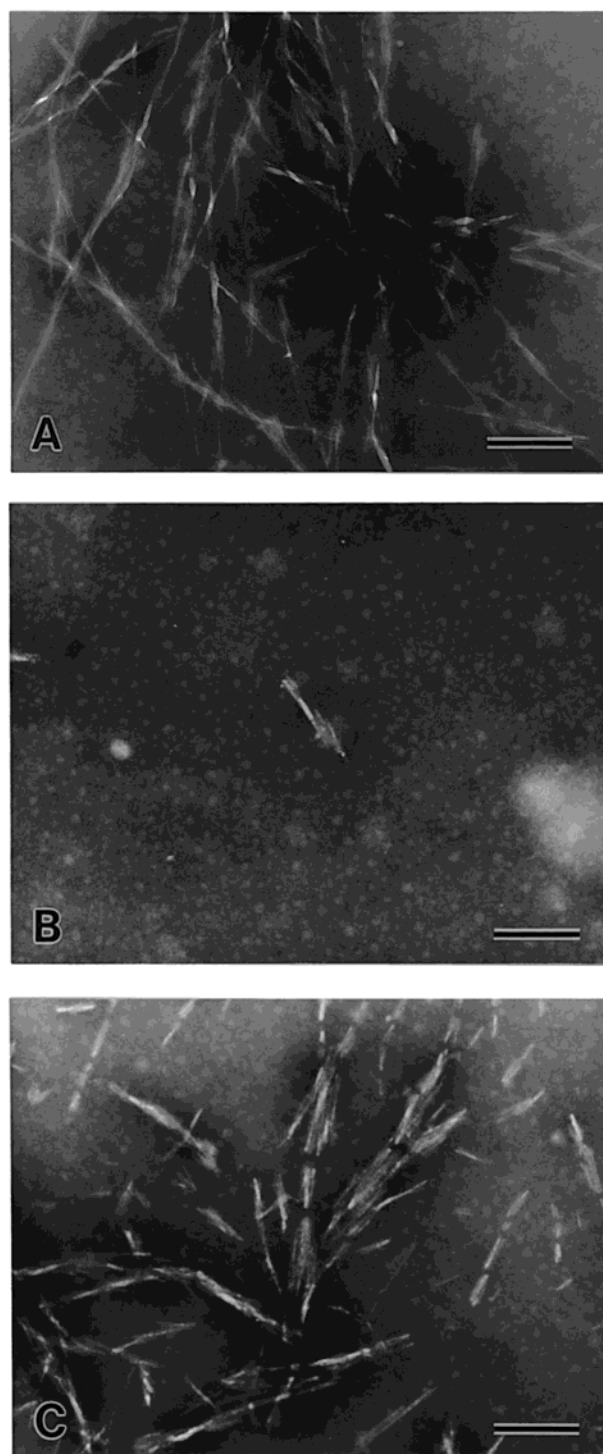


FIGURE 3: Electron micrographs of depolymerized A β 2M amyloid fibrils. The reaction mixture containing 150 μ g/mL F11 fibrils, 50 mM Tris-HCl (pH 7.5), 100 mM NaCl, and 0 or 10 μ M apoE was incubated at 37 $^{\circ}$ C for 24 h and prepared for electron microscopy as described in Experimental Procedures: (A) F11 fibrils before depolymerization, (B) F11 fibrils incubated with no apoE, and (C) F11 fibrils incubated in the presence of 10 μ M apoE. The bars are 250 nm long.

the protein concentration of the mixture containing monomeric r- β 2-m and A β 2M amyloid fibrils. Therefore, we next performed the size exclusion chromatography of the supernatant at pH 7.5. As shown in Figure 4C, the supernatant at pH 7.5 eluted as a single peak corresponding to monomeric r- β 2-m (11 500). This may

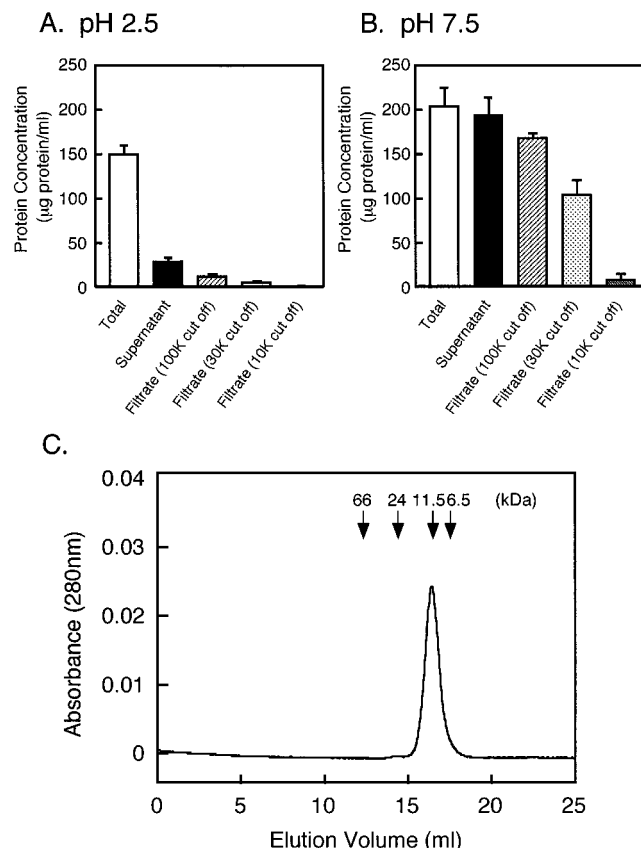


FIGURE 4: Determination of the size of the β 2-m oligomers depolymerized from A β 2M amyloid fibrils. The reaction mixture contained 150 μ g/mL F11 fibrils, 100 mM NaCl, and (A) 50 mM citrate (pH 2.5) or (B) Tris-HCl (pH 7.5). After incubation at 37 °C for 24 h, the reaction mixture was centrifuged and the size fractionation of the supernatant was performed as described in Experimental Procedures. Protein concentrations of the reaction mixture, supernatant, and size-fractionated filtrates were measured. Each column represents the average of three independent experiments. The error bars indicate standard derivations. The supernatant at pH 7.5 was subjected to size exclusion chromatography (C) as described in Experimental Procedures. Arrows indicate the peak elution point of molecular weight markers.

clearly indicate that most of the β 2-m oligomers depolymerized from A β 2M amyloid fibrils to the supernatant at pH 7.5 are monomers.

CD Analysis of the Depolymerization of A β 2M Amyloid Fibrils. To evaluate the conformational changes of β 2-m during the polymerization and depolymerization of A β 2M amyloid fibrils, we performed CD analysis of β 2-m and F11 fibrils at both pH 7.5 and 2.5. As shown in Figure 5A, the far-UV CD spectra of β 2-m at pH 7.5 exhibited a positive peak at 200 nm and a negative peak at 221 nm. The near-UV CD spectra of β 2-m at pH 7.5 exhibited characteristic positive peaks at 261, 264, 269, 281, 287, and 293 nm (Figure 5B). These data indicate that β 2-m at pH 7.5 is rich in β -sheet conformation and has a compact tertiary structure. On the other hand, the far-UV CD spectra of β 2-m at pH 2.5 exhibited only a negative peak at 205 nm (Figure 5A). The near-UV CD spectra of β 2-m at pH 2.5 exhibited only a slightly negative ellipticity (Figure 5B). These data indicate that β 2-m at pH 2.5 has lost much of the secondary and tertiary structure observed at pH 7.5. The far-UV CD spectra of F11 fibrils at pH 2.5 exhibited a positive peak at 198 nm and a negative peak at 219 nm (Figure 5A). The near-UV

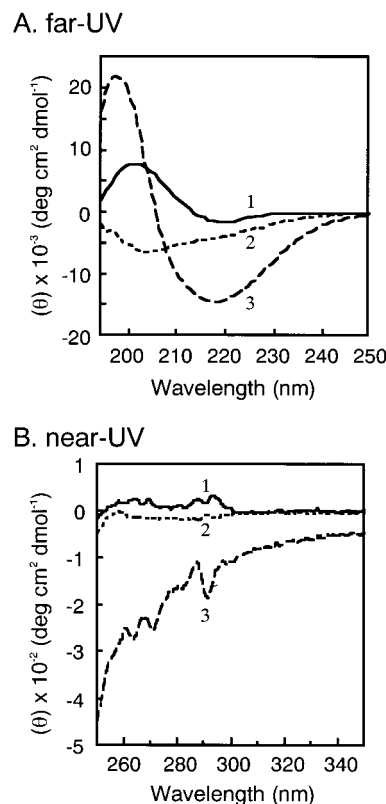


FIGURE 5: (A) Far- and (B) near-UV CD spectra of r- β 2-m and F11 fibrils. In each spectrum, the reaction mixture contained 293 μ g/mL r- β 2-m (1 and 2) or F11 fibrils (3), 100 mM NaCl, and (1) 50 mM phosphate (pH 7.5) or (2 and 3) acetate (pH 2.5).

CD spectra of F11 fibrils at pH 2.5 exhibited a negative ellipticity different from those of β 2-m both at pH 7.5 and 2.5 (Figure 5B). The interpretation of these two spectra will be discussed later.

As shown in Figure 6, changes in the far- and near-UV CD spectra were observed during the depolymerization reaction of F11 fibrils at pH 7.5. Even after incubation for 2 min, both far- and near-UV CD spectra of the reaction mixture changed greatly and then approximated those of β 2-m at pH 7.5. However, a significant difference was observed in both far- and near-UV CD spectra between β 2-m at pH 7.5 and F11 fibrils at 24 h (compare spectra 5 and 6 in Figure 6). This difference may be due to the presence of oligomeric β 2-m molecules and short A β 2M amyloid fibrils in the reaction mixture at 24 h (see Figures 3 and 4).

ApoE Inhibits the Depolymerization of A β 2M Amyloid Fibrils at a Neutral pH. As shown in Figure 7A, during incubation at pH 7.5, the depolymerization of F11 fibrils was inhibited dose-dependently by the presence of apoE. Moreover, an electron microscopic study revealed that a significant amount of F11 fibrils remains in the reaction mixture at 24 h (Figure 3C). Although the fibrils became shorter than the fibrils before depolymerization, they maintained the typical filament structure with a diameter of \sim 10 nm (compare panels A and C of Figure 3). As shown in Figure 7B, 10 μ M HSA did not exhibit a significant inhibitory effect on the depolymerization of F11 fibrils. We observed no significant difference in the inhibitory activity among three apoE isoforms (E2, E3, and E4) (data not shown).

We extensively washed F11 fibrils remaining in the reaction mixture after incubation for 24 h with apoE (Figure

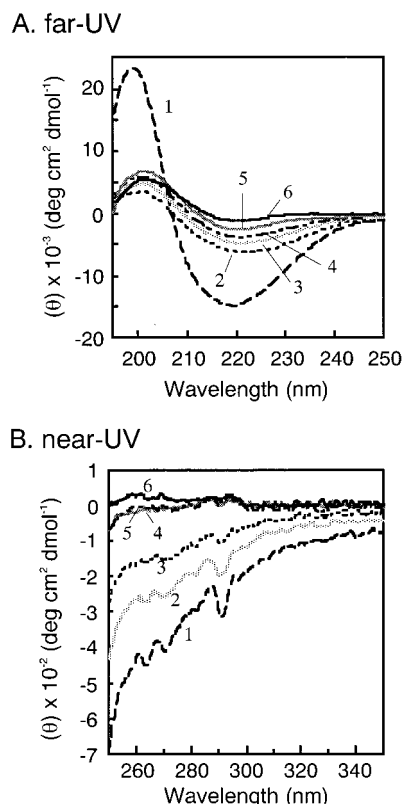


FIGURE 6: Time course of the CD spectra during the depolymerization of F11 fibrils. After the CD spectra (1) of 150 $\mu\text{g/mL}$ F11 fibrils in 100 mM NaCl (pH 4.0–5.0) were recorded at 25 $^{\circ}\text{C}$, the reaction mixture was adjusted to pH 7.5 and the CD spectra of the mixture were recorded 2 min (2), 30 min (3), 2 h (4), and 24 h (5) after the pH shift as described in Experimental Procedures. The CD spectra (6) of 150 $\mu\text{g/mL}$ r- β 2-m in 50 mM phosphate (pH 7.5) and 100 mM NaCl were also recorded.

3C) and analyzed them by Western blotting. We observed two bands of β 2-m (12 000 and 24 000) and several bands of apoE, including intact apoE (34 000) (lane c in panels A and B of Figure 8). Moreover, we observed a 46 000 band, which is not observed in the lanes of β 2-m, F11 fibrils, or apoE alone (compare lanes a–c in panels A and B of Figure 8). This band may represent an apoE– β 2-m complex, since this is positive for both anti-human β 2-m and anti-human apoE antibodies, and the size of this band (46 000) is equal to the sum of the molecular weights of β 2-m (12 000) and intact apoE (34 000). This complex seems to be very stable, since it is observed even after the dissolution in SDS sample buffer and subsequent boiling (see Experimental Procedures).

DISCUSSION

pH-Dependent Transformation between β 2-m and A β 2M Amyloid Fibrils. In this section, we first consider the mechanism of the pH-dependent and reversible transformation between β 2-m and A β 2M amyloid fibrils. We previously showed that the extension of A β 2M amyloid fibrils proceeds via the consecutive association of monomeric β 2-m onto the ends of existing fibrils, and the rate of extension was maximal at pH \sim 2.5 (15). McParland et al. (16) showed that the formation of A β 2M amyloid fibrils from monomeric r- β 2-m is also critically dependent on the pH and ionic strength of the solution, with low pH and high ionic strength favoring fibril formation. They also showed that titration of one or

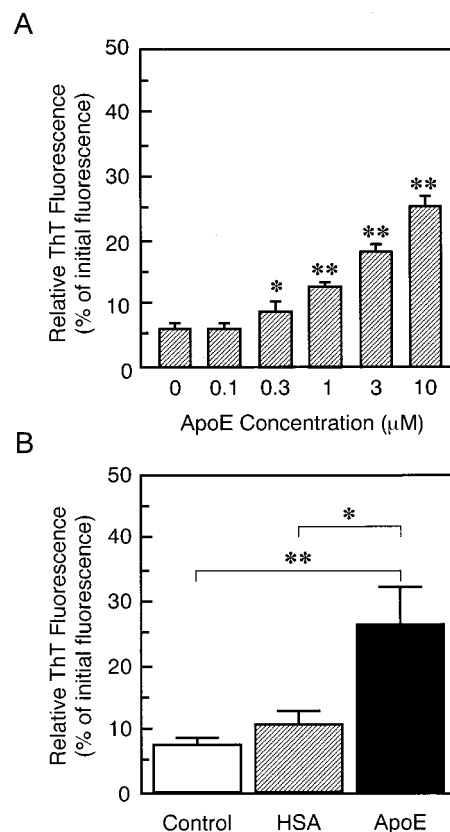


FIGURE 7: Effect of human serum apoE and HSA on the depolymerization of A β 2M amyloid fibrils. The reaction mixture containing 150 $\mu\text{g/mL}$ F11 fibrils, 50 mM Tris-HCl (pH 7.5), 100 mM NaCl, and 0–10 μM apoE (A) or 10 μM apoE or HSA (B) was incubated for 24 h at 37 $^{\circ}\text{C}$ and analyzed by fluorescence spectroscopy as described in Experimental Procedures. Each column represents the average of three independent experiments. The error bars indicate standard derivations. (A) One asterisk denotes $p < 0.001$, and two asterisks denote $p < 0.0001$ versus 0 μM apoE. (B) One asterisk denotes $p < 0.0002$, and two asterisks denote $p < 0.0001$ (one-way ANOVA, post-hoc test by Fischer's LSD).

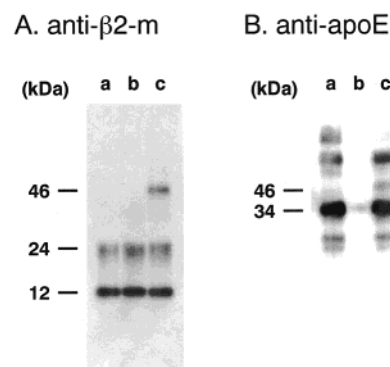


FIGURE 8: Western blotting of F11 fibrils incubated with apoE and remaining in the mixture. One milligram of protein of each sample was electrophoresed, transferred to Immobilon membranes, and immunostained for anti-human β 2-m (A) and anti-human apoE (B) as described in Experimental Procedures: lane a, r- β 2-m (A) and human apoE (B); lane b, F11 fibrils; and lane c, F11 fibrils incubated with 10 μM apoE for 24 h at 37 $^{\circ}\text{C}$ and washed twice as described in Experimental Procedures.

more residues with a pK_a of 4.7 destabilizes native β 2-m and generates a partially unfolded species retaining a significant secondary structure and having residual, non-native tertiary structure. Our CD analysis also indicated that

β 2-m at pH 2.5 has lost much of the secondary and tertiary structure observed at pH 7.5 (Figure 5). A β 2M amyloid fibrils at pH 2.5 exhibited the characteristic CD spectra clearly different from those of monomeric β 2-m at both pH 7.5 and 2.5 (Figure 5). Because β 2-m is in the fibrillar form rather than the monomeric form, light scattering and some other factors might influence aspects of the CD spectra. Thus, we cannot estimate the precise secondary and tertiary structures of β 2-m in A β 2M amyloid fibrils from the CD experiments whose results are presented here. Goldsbury et al. (51) examined the temporal changes in the far-UV CD spectra, ThT fluorescence, and fibril morphology during the polymerization reaction of human amylin into amyloid fibrils. The far-UV CD spectra of amylin amyloid fibrils were quite similar to the spectra of A β 2M amyloid fibrils at pH 2.5 and exhibited a positive peak at 198 nm and a strong negative peak at 218 nm. While they noted that their data should be treated as qualitative numerical estimates only rather than precise percentages of secondary structures, they estimated the secondary structure of amylin in the fibrillar form to be β -sheet/ α -helical structure. Fezoui et al. (52) examined the temporal changes in the far-UV CD spectra, Congo red binding, and fibril morphology during the polymerization reaction of A β into β -amyloid fibrils. The far-UV CD spectra of β -amyloid fibrils also exhibited a negative peak at 218 nm, and the secondary structure of A β in β -amyloid fibrils was estimated to be rich in β -sheet structure. It is generally accepted that amyloid precursor proteins change their conformation and polymerize into amyloid fibrils with cross- β pleated sheet organization (53). Therefore, it may be reasonable to consider that β 2-m incorporated into A β 2M amyloid fibrils at pH 2.5 is rich in β -sheet structure and has secondary and tertiary structures different from those of monomeric β 2-m at both pH 7.5 and 2.5.

In this paper, we showed that A β 2M amyloid fibrils readily depolymerize into monomeric to oligomeric β 2-m at a neutral to basic pH (Figures 1, 2, and 4). Moreover, CD analysis revealed that soon after the initiation of the depolymerization reaction at pH 7.5, the characteristic spectrum of β 2-m in A β 2M amyloid fibrils changes and then approximates that of monomeric β 2-m at pH 7.5 (Figure 6). This indicates that β 2-m depolymerized from A β 2M amyloid fibrils reversibly refolds to its original conformation at pH 7.5. A few mechanisms could be considered for the depolymerization of A β 2M amyloid fibrils at a neutral pH. First, the rate of depolymerization of β 2-m from the fibril ends would become much faster than the rate of polymerization of β 2-m onto the fibril ends (Figure 9A). At an acidic pH where the rate of A β 2M amyloid fibril extension is maximal, the rate of depolymerization is much slower than the rate of polymerization in the extension reaction (15). These pH-dependent change in the rates of polymerization and depolymerization in the extension reaction would be critical to the pH-dependent polymerization and depolymerization of A β 2M amyloid fibrils. Second, although less likely, A β 2M amyloid fibrils would depolymerize at a neutral pH, by partial unfolding of β 2-m in the fibrils, subsequent shearing of the fibrils, and the depolymerization of β 2-m from the fibril ends.

All of the results described above may indicate a reversible change in the conformation of β 2-m in the pH-dependent cycle of the polymerization and depolymerization of A β 2M amyloid fibrils. An acidic condition suitable for the poly-

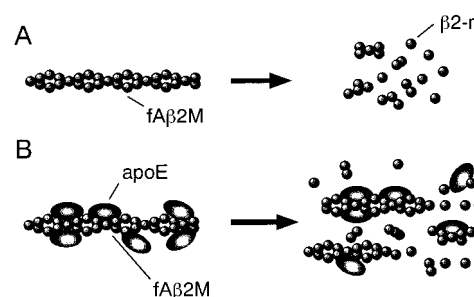


FIGURE 9: Hypothetical model of the depolymerization reaction of A β 2M amyloid fibrils and the inhibitory effect of apoE on the depolymerization reaction. (A) A β 2M amyloid fibrils composed solely of β 2-m depolymerize into monomeric to oligomeric β 2-m at a neutral pH, possibly by the accelerated depolymerization of β 2-m from the fibril ends. (B) ApoE inhibits the depolymerization of A β 2M amyloid fibrils, possibly by binding directly and specifically to the surface of the fibrils and stabilizing the characteristic conformation of β 2-m in the fibrils.

merization of A β 2M amyloid fibrils may be favorable for the maintenance of the characteristic conformation of β 2-m in A β 2M amyloid fibrils, while quite unfavorable for the maintenance of the compact conformation of β 2-m. On the contrary, the neutral to basic condition suitable for the depolymerization of A β 2M amyloid fibrils may be favorable for the maintenance of the compact conformation of β 2-m, while quite unfavorable for the maintenance of the characteristic conformation of β 2-m in A β 2M amyloid fibrils. Interestingly, the transitional pH of these two conditions is around the calculated isoelectric point (pI) of β 2-m (6.07). Titration of one or more residues of β 2-m and the subsequent conformational change seem to be critical for the transformation between β 2-m and A β 2M amyloid fibrils.

Roles of ApoE and Other Amyloid-Associated Molecules in the Deposition of Amyloid Fibrils in Vivo. We showed that apoE forms a stable complex with A β 2M amyloid fibrils and inhibits the depolymerization of A β 2M amyloid fibrils dose-dependently (Figures 3, 7, and 8). From these results, it may be reasonable to consider that apoE inhibits the depolymerization of A β 2M amyloid fibrils, possibly by binding directly and specifically to the surface of the fibrils and stabilizing the conformation of β 2-m in the fibrils (Figure 9B).

Recently, utilizing mice lacking the apoE gene by gene targeting, apoE was found to promote the development of AA amyloid and Alzheimer's β -amyloid deposition in mice (43–46). Although apoE has been postulated to promote the deposition of AA and A β and its conversion to a fibrillar form, the observations could also be interpreted on the basis of the model we propose here; i.e., apoE binds tightly to the surface of amyloid fibrils deposited in the tissue and inhibits the depolymerization of the fibrils by stabilizing the characteristic conformation of AA and A β in the fibrils. Castaño et al. (54) reported that apoE carboxyl-terminal fragments form the tight complexes with AA and AL purified from patients with familial Mediterranean fever and primary amyloidosis. Tight association of apoE with amyloid fibrils seems to be a general phenomenon occurring in vivo in several types of amyloidosis.

We found no significant difference in the inhibitory activity among three apoE isoforms (E2, E3, and E4) (data not shown). Although we have no clear interpretation for this finding, the synergistic effect of apoE4 with other

unknown factors may contribute to the persistence of the deposition of A β 2M amyloid fibrils in vivo.

A β 2M amyloid deposits contain not only apoE but also many other amyloid-associated molecules, e.g., glycosaminoglycans (55), serum amyloid P component (SAP) (56), α 2-macroglobulin, and other plasma proteinase inhibitors (56). There are many possibilities for the roles of these molecules in the deposition of amyloid fibrils in vivo. First, these molecules may promote the deposition of amyloid proteins (e.g., AA and AL) and its conversion to a fibrillar form in vivo. Second, these molecules may protect amyloid fibrils from the proteolysis in vivo. Utilizing mice lacking the SAP gene by gene targeting, Togashi et al. (57) found that SAP enhances induction of murine AA amyloidosis, and Tennent et al. (58) reported that SAP prevents proteolysis of AA and AL amyloid fibrils as well as Alzheimer's β -amyloid fibrils in vitro (58). Finally, as suggested in the paper presented here, these molecules may bind tightly to the surface of amyloid fibrils in vivo and inhibit the depolymerization of the fibrils by stabilizing the characteristic conformation of amyloid proteins in the fibrils. As shown in Figure 1, the fluorescence of F0, F1, and F11 fibrils decreased to 70, 50, and 6% of the initial fluorescence, respectively, after incubation for 24 h. F11 fibrils are composed solely of r- β 2-m (48). On the other hand, Western blotting analysis revealed that F0 fibrils are associated with SAP and apoE (48). These findings may explain the difference in the depolymerization rates between F11 and F0 fibrils.

Interference with the binding of apoE, SAP, and other molecules to amyloid fibrils in vivo may be an attractive therapeutic objective. If these molecules were detached from the surface of amyloid fibrils, regression of the amyloid deposits would be promoted not only by the action of several proteases but also by the depolymerization of β 2-m from the fibril ends. The experimental system described here should be useful in searching for the drugs protecting the binding of amyloid-associated molecules to the fibrils. Related experiments are ongoing in our laboratory.

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